Dishes and their allergen content: Week 2

Dishes			Y.			Flour			MUSTARD					Geer
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Slices														
Baby/New Boiled Potatoes														
Baked Beans														
Baked Potato														
Banana Slices														
Boiled White Rice														
Broccoli & Cauliflower														
Bubble Fish					YES									
Carrot & Coriander Soup		MAY CONTAIN GLUTEN (WHEAT)												
Carrot & Lentil Soup														
Cheese Best of Both Sandwich		YES (WHEAT)					YES						YES	

			r					
Chicken Best of Both Sandwich	YES (WHEAT)						YES	
Chicken Curry	MAY CONTAIN GLUTEN (WHEAT)							
Chips								
Cosmo Wholemeal Pizza	YES (WHEAT)			YES				
Egg Mayo Best of Both Sandwich	YES (WHEAT)	YES		YES	YES		YES	
Fruit Selection								
Lentil & Vegetable Soup								
Mashed Potatoes				YES				
Mixed Berry Sponge	YES (WHEAT)	YES		YES			MAY CONTAIN	
Mixed Pepper Sticks								
Muller Healthy Balance Yoghurt				YES				
Muller Milk				YES				
Pasta Salad [Mayo-Free]	YES (WHEAT)							
Peach Slices								
Peas								
I	I							

Peas & Sweetcorn											
Raspberry & Apple Sponge	C	YES WHEAT)	YES		YES					MAY CONTAIN	
Sliced Carrots & Peas											
Steak Pie	(YES WHEAT)			YES						
Strawberry Jelly with Berries											
Tomato & Basil Focaccia	C (E (E	YES WHEAT) MAY CONTAIN GLUTEN BARLEY), GLUTEN (OATS), GLUTEN (RYE)			MAY CONTAIN		ALMOND, BRAZIL, CASHEW, HAZELNUT, MACADAMIA, PECAN, PISTACHIO, QUEENSLAND, WALNUT	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN
Tomato Pasta	C	YES WHEAT)									
Traditional Mince											
Tuna Mayo Best of Both Sandwich	C	YES WHEAT)	YES	YES	YES	YES			_	YES	
Vegetable Lasagne	(YES WHEAT)			YES						

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Reviewed by: Midlothian Council



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